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District Administration
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Dear Parents,

As Parent Education Night was held three times last year, special conferences for Korean parents will be held in the Korean language in the Albany Unified School District in February, March, and April.

In the first conference (Monday, February 27) for Korean parents, adolescent development will be discussed. As we know, in the stage of adolescence, our children experience physical and psychological changes due to bio-social-behavioral shifts. Furthermore, our children, who are in the process of acculturation, may experience more difficulties than adolescents growing up in the mainstream culture. Therefore, our children may need more keen interest, encouragement, and conversation with their parents.

Chad Yoo, who is majoring in clinical psychology at the California School of Professional Psychology and is also a psychology intern at the Family, Youth and Children's Services in the Mental Health Division under the City of Berkeley, will explain adolescent development based on professional knowledge and clinical experience. Following his explanation, four other Korean parents, who have college-age or adult children, will share their experience and advice with parents.

We encourage parents of adolescent children and elementary school students to attend this conference in order to learn how to effectively parent their children or improve their parenting skills.

Thank you for your time.

Sincerely,

Albany Unified School District

Monday, February 27, 6:30pm-8:30pm

We will meet in the library at Ocean View School.

To receive more information, please email Soo Sim, Korean Family site coordinator (ssim94706@gmail.com). Please RSVP in advance via email.